



# CRITICAL INCIDENT RESPONSE FOR PEER SUPPORT TEAMS

IN PARTNERSHIP WITH FONTANA POLICE DEPARTMENT

This POST Certified course is designed to prepare support team members to respond and effectively support the psychological recovery and resilience of public safety personnel after a large-scale critical incident, an active shooter or terrorist event. All public safety employees and peer support members are encouraged to attend.

## Topics will include:

- Identifying the ripple effect of a critical incident
- Discuss and define the role of peer support
- Increasing capacity to support after a critical incident
- Understanding acute stress reactions
- How to reduce post-traumatic stress injury (PTSI)
- Increasing skills for crisis counseling
- Discuss the importance of self-care

## PRESENTER:



### HEATHER WILLIAMS, PSYD.

*Consultant, Embassy Consulting Services, LLC  
Owner, Premier First Responder Psychological Services*

After spending 5 years with the Orange County Sheriff's Department as the Regional Peer Support Coordinator, Heather elected to take her passion to another level and in 2019, established Premier First Responder Psychological Services. In 2023, she acquired Coherence Associates located in Carlsbad, CA. As a licensed psychologist, Heather is providing culturally competent services to individuals and couples working in public safety. Additionally, Heather assists departments develop and sustain peer support programs, provides consultation, 24/7 critical incident response, facilitates a 2-step model of critical incident debriefing, and provides personalized training on several topics.

## IN THIS FAMILY



NO ONE FIGHTS ALONE



### DATE

June 13, 2024



### TIME

8:00 am – 5:00 pm



### COST

\$125.00



### LOCATION

Fontana Police Dept.  
17005 Upland Avenue  
Fontana, CA 92335

EMBASSY STRATEGIC PARTNER



## REGISTER ONLINE

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## POST CERTIFIED

#1083-24202-23

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